



KEY: TRACK NAMES & DESCRIPTION. THE NUMBERS INDICATE STARTING POINTS OF EACH TRACK

1	Gun Club Loop	EASY	==
Short loop through open forest linking onto Humphreys Trail.			
2	Access Track	EASY	==
Access track to Downhill Track, Water Fire Trail and Gully Loop.			
3	Humphreys Trail	EASY	==
Cross country single-track loop through open forest and grassland.			
4	Beginners Luck	EASY	==
Cross country single-track loop.			
5	Gully Loop	INTERMEDIATE	==
Cross country loop through wet forest, winding behind the dirt jumps and back into the park.			
6	North South Track	INTERMEDIATE	==
Cross country single-track climbing through open forest. This is a shared-use track in Wellington Park linking The Springs with the Glenorchy Mountain Bike Park.			
7	Dual Slalom	DIFFICULT	==
Head to head racing combine your times for each of the two runs.			
8	4X Mountain Cross	DIFFICULT	==
Up to 4 riders across. Includes large jumps and bermed corners.			
9	Slope Style	EXTREMELY DIFFICULT	==
Challenging short course of freestyle jumps.			
10	National Downhill	EXTREMELY DIFFICULT	==
Extreme track running through rocky areas at the top before opening up to some large jumps.			
11	Dirt Jumps	EXTREMELY DIFFICULT	==
Jumps in a range of sizes - including large jumps with gaps.			
12	Short Downhill Track	EXTREMELY DIFFICULT	==
Connects to National Downhill Track.			
13	North Shore	EXTREMELY DIFFICULT	==
A technical trail with drops and other obstacles.			